



ALUMNI NEWSLETTER

APRIL 2025

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WELCOME MESSAGE

We are delighted to reconnect with you through our latest newsletter. As always, we are immensely proud of the achievements of all our graduates and the impact they are making in the field of their speciality. Their dedication and hard work continue to inspire us and our current graduates. We hope this newsletter keeps you informed and engaged with the ongoing developments at Mediclinic Private Higher Education.

ALUMNI SPOTLIGHT

From the office of Hanna Strydom - outgoing Learning Centre Manager at the Nelspruit HDO Learning Centre

After almost 47 years in nursing, I have been through my fair share of interviews. I would like to share some practical advice from personal experience to help you prepare and feel more confident.

Interviews can feel overwhelming, whether it is your first time or you are applying for a senior position. How you prepare and present yourself can determine whether the interview is a success or a struggle. A good or bad experience can also influence your willingness to pursue future opportunities.

Factors that can affect your performance

Many things can distract you during an interview, making it difficult to focus and answer questions effectively. You may even become emotional if sensitive topics arise.

Here are some common factors that might impact your performance:

Reasons for applying:

- Are you looking to advance your career in your current workplace?
- Are you leaving because of conflicts with colleagues?

Personal life changes:

- A sick child or family emergency may weigh on your mind.
- Marital or relationship problems can be distracting.

Practical tips for a successful interview

Before the interview:

- Research the company and position to understand what is expected of you.
- Double-check the interview details such as address, date and time.
- Prepare a list of potential questions and make notes during the interview.
- Bring all the necessary documents, such as certified copies of diplomas, proof of training, identification documents, marriage certificate and updated résumé.

On the day of the interview:

- Dress professionally. If you wear a uniform, ensure it meets the dress code.
- Arrive on time. Being late reflects poor time management and makes a bad first impression.

During the interview:

- Maintain confident body language. Sit up straight and make eye contact.
- Do not be afraid to express your opinion. If you disagree, do so respectfully and explain your reasoning.
- Answer honestly and use real-life examples to support your responses.

- If you do not understand a question, ask for clarification.
- Avoid fidgeting. Moving around too much or playing with objects (like car keys) can make you seem disinterested.

As the title of Bernard Roth's book 'The Achievement Habit (2015)' suggests: 'Stop Wishing, Start Doing, and Take Command of Your Life.' Apply this mindset to your interview preparation and you will set yourself up for success.

RECENT NEWS AND INSTITUTIONAL UPDATES

Towards the end of November, Mediclinic (Pty) Ltd Learning Centre Cape Region received SANC accreditation to commence with the following formal nursing programmes in January 2025:

- Higher Certificate in Nursing (R.169) – a one-year course, leading to registration as an Auxiliary Nurse
- Diploma in Nursing (R.171) – a three-year course, leading to registration as a General Nurse



From Mediclinic Nelspruit



Back row: First group of third-year 'Diploma in Nursing' students at Mediclinic Limited Learning Centre Nelspruit

Front row (from left to right):
 Hanna Strydom (Retiring Learning Centre Manager),
 Annatjie Meyer (Nursing Manager), Carmmen Sawa (Hospital Manager),
 Tshepo Rangata (Newly appointed Learning Centre Manager),
 Marinda Naledi (Nurse Educator) and Morné van der Merwe (Nurse Educator)

UPCOMING EVENTS

The Achievers Award Ceremony for Tshwane and Northern Region will take place on Saturday, 5 April 2025 at the Rosebank Union Church in Sandton.

Continuing education opportunities

The SANC also accredited the following four (4) hospitals as extended clinical facilities for the 'Postgraduate Diploma of Health Services Management' programme:

1. Mediclinic Cape Gate
2. Mediclinic Durbanville
3. Mediclinic Paarl
4. Mediclinic Vergelegen

The employees selected for this programme will remain at their clinical facilities to complete the practical component of the programme. Congratulations to the L&DFs and Nursing Managers of these four clinical facilities.