

WATER SAFETY TIPS

ALWAYS REMAIN CAUTIOUS AND ALERT WHEN SPENDING TIME CLOSE TO OPEN WATER AND WHILE SWIMMING.

CHILDREN WATER SAFETY



Protect children with pool fencing.



Never leave children unsupervised on the beach, by the pool or close to open water.



Stay within arm's length from children as they can go underwater very quickly.



Ensure children refrain from rough play in the pool and from jumping on each other.



It is important that adults who supervise must be able to swim.

ADULT WATER SAFETY



Remember that anyone, including people who can swim, is at risk of drowning.



Avoid taking risks and being overconfident.



Swim where there are lifeguards on duty.



Do not drink alcohol on the beach.

**FOR ASSISTANCE IN AN EMERGENCY,
CALL 082 909 0382.**